



# *Digestive Health Specialists*

OF THE SOUTHEAST

Flowers Hospital  
4370 West Main Street  
Dothan, AL 36305  
(334) 793-5000

Dothan Surgery Center  
1450 Ross Clark Circle  
Dothan, AL 36301  
(334) 793-3442

SE AL Medical Center  
1108 Ross Clark Circle  
Dothan, AL 36303  
(334) 793-8111

## INSTRUCTIONS FOR OUTPATIENT PROCEDURES

### GENERAL INSTRUCTIONS

1. Please make arrangements to be at the hospital or surgery center for the entire day of your procedure (average time required may be only 4-6 hours).
2. Someone must come with you who will be able to stay during your procedure to drive you home and remain with you.
3. Please leave all jewelry at home.
4. Upon arrival the morning of your test, if you are at one of the hospitals, register in the Outpatient Surgery Registration area. If you are at the Surgery Center, register at the front desk.
5. Make the nurse aware of any drug allergies or possible complicating medical conditions.
6. Do not take diet medication for 10 days prior to the procedure.
7. If you are taking physician-prescribed blood thinners such as Coumadin, Plavix, Aggrenox, Effient, or Pradaxa and have not received special instructions regarding holding these medications, please call our office @ (334) 836-1212.
8. If you take aspirin daily, please continue.
9. Do not take arthritis medicine, vitamins, or iron one week prior to your procedure date.
10. Please take any heart, blood pressure, seizure, or thyroid medications the morning of the test with a small sip of water.
11. Please bring all medications to the hospital with you.
12. It is recommended that you not travel for two weeks after your procedure.