



Digestive Health Specialists

OF THE SOUTHEAST

Flowers Hospital
4370 West Main Street
Dothan, AL 36305
(334) 793-5000

Dothan Surgery Center
1450 Ross Clark Circle
Dothan, AL 36301
(334) 793-3442

SE AL Medical Center
1108 Ross Clark Circle
Dothan, AL 36303
(334) 793-8111

Dale Medical Surgery Center
2126 W. Roy Parker Road
Ozark, AL 36360
(334) 774-2601

Surgery Center South
2800 Ross Clark Circle
Dothan, AL 36301
(334) 793-3411

INSTRUCTIONS FOR OUTPATIENT PROCEDURES

GENERAL INSTRUCTIONS

1. Please make arrangements to be at the hospital or surgery center for the entire day of your procedure (average time required may be only 4-6 hours).
2. Someone must come with you who will be able to stay during your procedure to drive you home and remain with you.
3. Please leave all jewelry at home.
4. Upon arrival the morning of your test, if you are at one of the hospitals, register in the Outpatient Surgery Registration area. If you are at the Surgery Center, register at the front desk.
5. Make the nurse aware of any drug allergies or possible complicating medical conditions.
6. Do not take diet medication for 10 days prior to the procedure.
7. If you are taking physician-prescribed blood thinners such as Coumadin, Plavix, Aggrenox, Effient, or Pradaxa and have not received special instructions regarding holding these medications, please call our office @ (334) 836-1212.
8. If you take aspirin daily, please continue.
9. Do not take arthritis medicine, vitamins, or iron one week prior to your procedure date.
10. Please take any heart, blood pressure, seizure, or thyroid medications the morning of the test with a small sip of water.
11. Please bring all medications to the hospital with you.
12. If you have travel plans that include leaving the country or going to a remote area of the United States immediately following your procedure, you should contact our office prior to your procedure.